

**St Elizabeth Ann Seton  
High School  
Baptism and First Communion  
2024-2025**

*Welcome! We look forward to welcoming you into the Church through Baptism  
and welcoming you to the Table of the Lord with your First Communion!*

High School Teens preparing for Baptism OR First Communion are, technically, in two different Sacrament Preparation Programs. However, because we usually have a small amount of teens preparing for these Sacraments, we meet together.

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Preparing for Sacraments is a two year process.

During these two years, your teen will:

- Attend LifeTeen, our High School Youth Group.
  - o *LifeTeen meets on Wednesdays from 6:45-8pm*
  - o *LifeTeen Kick Off is Wednesday, October 2, 2024.*
- Submit a Mass Journal every Sunday and Holy Day after your family attends Mass.

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**Attendance:**

LifeTeen attendance is recorded via the sign in sheet that your teen signs when they arrive for LifeTeen.

- Your teen can have two absences.
- A third, fourth and fifth absence can be made up with an at home assignment.
- If there is a sixth absence, we will schedule a meeting to discuss.

**Mass Journal:**

The Mass Journal is a google form linked to the weekly email newsletter you receive.

Your teen will submit this Mass Journal every Sunday and Holy Day after your family attends Mass.

It is a simple form and should only take them 2 or 3 minutes to complete. In NO way do I wish this to be a large homework assignment!

Please reach out if you're having difficulty!

**Parent Meeting:**

It's very important for you to attend the Parent Meeting.

Please watch the weekly email "flocknote" newsletter for more information.

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<b>High School Baptism</b>	<b>High School First Communion</b>
<ul style="list-style-type: none"> <li>- Teens preparing for Baptism are preparing for the “Rite of Christian Initiation for Adults” (RCIA) and they are considered “Catechumen”.</li> <li>- As they are now above the “age of reason”, they will be preparing for ALL three Sacraments of Initiation.</li> <li>- They will receive:               <ul style="list-style-type: none"> <li>- <b>Baptism</b></li> <li>- <b>First Communion</b></li> <li>- <b>Confirmation</b></li> </ul> </li> <li>- And be fully initiated into the Holy Roman Catholic Church during the Easter Season.</li> <li>- These teens will need to have a Sponsor.</li> <li>- More info regarding choosing a Sponsor will be sent to you.</li> <li>- These teens will be prepared to make their First Reconciliation after they receive their Sacraments of Initiation.</li> </ul>	<ul style="list-style-type: none"> <li>- Teens preparing for their First Holy Communion are preparing for TWO Sacraments:               <ul style="list-style-type: none"> <li>- <b>Reconciliation</b></li> <li>- <b>First Communion</b></li> </ul> </li> <li>- If they choose, these teens can move on to our High School Confirmation program after they receive their First Communion. They will be placed into the second year of Confirmation preparation and will receive their Confirmation after just one year of prep.</li> </ul>

**SECOND YEAR TEENS  
SAVE THESE DATES!**

**High School Baptism (RCIA)**

TBA

**High School First Communion**

Reconciliation - TBA

First Communion - TBA